

## Dyslexia Checklist

If you tick most of the items below, you could consider having an assessment with a dyslexia specialist.

### (a) Workplace difficulties

	Tick if YES
<b>Reading</b>	
Following written instructions	<input type="checkbox"/>
Following technical manuals	<input type="checkbox"/>
Quickly getting gist of letters/reports etc	<input type="checkbox"/>
Recalling what has been read	<input type="checkbox"/>
<b>Writing</b>	
Confusing reversible letters, eg b, d	<input type="checkbox"/>
Sequencing letters (discussion – dicsussion)	<input type="checkbox"/>
Spelling	<input type="checkbox"/>
Handwriting	<input type="checkbox"/>
Filling in forms	<input type="checkbox"/>
Expressing ideas clearly in writing	<input type="checkbox"/>
Writing memos/letters	<input type="checkbox"/>
Taking notes/minutes	<input type="checkbox"/>
<b>Numerical data</b>	
Copying numbers	<input type="checkbox"/>
Tabulating numbers	<input type="checkbox"/>
Doing arithmetical calculations	<input type="checkbox"/>
Using calculator	<input type="checkbox"/>
<b>Speech and comprehension</b>	
Following a conversation/discussion	<input type="checkbox"/>
Contributing to a discussion	<input type="checkbox"/>
Presenting thoughts succinctly	<input type="checkbox"/>
Memory and concentration	<input type="checkbox"/>
Following oral instructions	<input type="checkbox"/>
Remembering telephone numbers	<input type="checkbox"/>
messages	<input type="checkbox"/>
appointments	<input type="checkbox"/>
Concentrating for long periods	
<b>Visuomotor skills</b>	
Inputting data on computer/calculator	<input type="checkbox"/>
Analyzing complex visual arrays eg., maps, graphs, tables of figures	<input type="checkbox"/>
Getting bearings in large or complex buildings	<input type="checkbox"/>

	Tick if YES
<b><i>Sequencing</i></b>	
Filing	<input type="checkbox"/>
Retrieving files	<input type="checkbox"/>
Looking up entries in dictionaries/directories	<input type="checkbox"/>
<b><i>Organisation</i></b>	
Planning work schedules	<input type="checkbox"/>
Meeting deadlines	<input type="checkbox"/>
Keeping papers in order	<input type="checkbox"/>
Working efficiently	<input type="checkbox"/>

**Prosiect Dyslecsia Cymru / Welsh Dyslexia Project can undertake an initial screening. Phone 0808 1800 110 for details.**

**(b) Everyday difficulties**

	Tick if YES
Writing a cheque	<input type="checkbox"/>
Filling in forms	<input type="checkbox"/>
Writing letters	<input type="checkbox"/>
Reading letters	<input type="checkbox"/>
Reading official documents	<input type="checkbox"/>
Reading a newspaper	<input type="checkbox"/>
Understanding operating/safety instructions on household gadgets	<input type="checkbox"/>
Reading television schedules	<input type="checkbox"/>
Reading recipes	<input type="checkbox"/>
Reading bus/train timetables	<input type="checkbox"/>
Making shopping lists	<input type="checkbox"/>
Dealing with money in shops	<input type="checkbox"/>
Checking bank statements	<input type="checkbox"/>
Keeping track of outstanding bills	<input type="checkbox"/>
Explaining things clearly to others	<input type="checkbox"/>
Placing orders over the telephone	<input type="checkbox"/>